


FROM 8 SEPTEMBER 2022

Cornwall by **KERNOW**



**TRURO
& PENWITH
COLLEGE**

TRAVEL
GUIDE

MAPS
TIMES

Cornwall by

KERNOW

welcome

We run direct buses to Truro & Penwith colleges from all over Cornwall, plus some useful connecting services too.

To help you get around, we've put together this handy travel guide. Our network of direct buses is shown on the maps and we have included the times of buses to get you to and from your lessons.

Don't forget to download our **mTicket** app to help you plan your journey. You'll also need it to load your College bus ticket.

We offer a range of great value bus tickets. If you plan to attend college most days, the best value ticket will be an annual pass. Buy **this direct from the college**.

Truro & Penwith College are able to reduce the costs of travel for many students. Visit the college website or speak to the Student Services Teams at college.

This year all operators are working together with Cornwall Council to make bus travel easier - **you can use your bus tickets on any bus, on any route* across Cornwall** – we're one big bus network.

If you'd like information, visit **cornwallbykernow.co.uk** or pick up a timetable from Truro bus station.

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direct to Truro College from
Falmouth & West Cornwall



direct to Truro College from
North & East Cornwall



to Penzance for **Penwith College**

☞ St Ives Malakoff bus station	0737	0817	0857	0927	0957
Carbis Bay Longstone Cross	0743	0823	0903	0933	1003
Lelant Village Hall	0745	0825	0905	0935	1005
☞ St Erth rail station	0750	0830	0910	0940	1010
Crowlas opp The Star Inn	0754	0834	0914	0944	1014
Crowlas Chy-an-Gweal	0756	0836	0916	0946	1016
Long Rock The Mexico Inn	0801	0841	0921	0951	1021
☞ Penzance bus & rail station	0810	0850	0930	1000	1030
Penzance West Cornwall Hospital	0814	0854	0934	1004	1034

the closest stop is West Cornwall Hospital - a few minutes walk

to **St Erth & St Ives**

Penzance West Cornwall Hospital	1435	○	1535	1605	●	1705
☞ Penzance bus & rail station stand D	1446	1526	1546	1616	1646	1716
Long Rock opp The Mexico Inn	1453	1533	1553	1623	1653	1723
Crowlas Chy-an-Gweal	1457	1537	1557	1627	1657	1727
Crowlas The Star Inn	1459	1539	1559	1629	1659	1729
☞ St Erth rail station	1503	1543	1603	1633	1703	1733
Lelant opp Village Hall	1508	1548	1608	1638	1708	1738
Carbis Bay Longstone Cross	1511	1551	1611	1641	1711	1741
☞ St Ives Malakoff bus station	1518	1558	1618	1648	1718	1748

- connect from the **19** that passes Penwith College at 1507
- connect from the **160 390** or **U4x** from the college at 1625

the closest stop is West Cornwall Hospital - a few minutes walk

BUSES RUN **ALL DAY**

need to travel at a different time?
buses run **every 30 mins**

visit cornwallbykernow.co.uk for more info

to **Penwith College**

	TIN	19	TIN	19	TIN	19
Pendeen Boscaswell Estate	0655		0755		0900	
Pendeen opp Costcutter	0657		0757		0902	
Botallack Queen's Arms	0702		0802		0907	
St Just bus station dep	0709		0809		0914	
Newbridge opp The Fountain Inn	0718		0818		0923	
Madron Trelawney Estate	▼	0800	▼	0900	▼	1000
Heamoore Haig Place	0729	0804	0829	0904	▼	1004
Penwith College	0732	0807	0832	0907	▼	1007
Penzance Market Jew Street	0737	0812	0837	0912	0932	1012
☞ Penzance bus & rail station	0740	0815	0840	0915	0935	1015

to **Madron & Pendeen**

	TIN	19	TIN	19	TIN	19
☞ Penzance bus & rail station stand C	1520	1545	1620	1645	1720	1745
Penzance Market Jew Street	1523	1548	1623	1648	1723	1748
Penwith College	▼	1550	1625	1650	1725	1750
Heamoore Haig Place	▼	1553	1628	1653	1728	1753
Madron Trelawney Estate	▼	1600	▼	1700	▼	1800
Newbridge The Fountain Inn	1531		1636		1736	
St Just bus station	1541		1646		1746	
Botallack opp Queen's Arms	1545		1650		1750	
Pendeen Costcutter	1551		1656		1756	
Pendeen Boscaswell Estate	1555		1700		1800	

BUSES RUN **ALL DAY**

need to travel at a different time?
buses run up to every **hour**

visit cornwallbykernow.co.uk for more info

to **Truro College**

Eden Project					0947	1047
Carclaze St Austell Enterprise Park	0657	0717	0757	0857	0957	1057
Boscoppa Phernyssick Road	0703	0723	0803	0903	1003	1103
Bethel Chapel	0706	0726	0806	0906	1006	1106
🚶 St Austell bus & rail station E	0720	0740	0820	0920	1020	1120
St Austell Trinity Street	0725	0745	0825	0925	1025	1125
Sticker car park	0732	0752	0832	0932	1032	1132
Hewas Water Merlin Centre	0734	0754	0834	0934	1034	1134
Grampond Dolphin Inn	0740	0800	0840	0940	1040	1140
Probus Square	0745	0805	0845	0945	1045	1145
Tresillian Fal Garage	0750	0810	0850	0950	1050	1150
Truro bus station stand H	0805	0835	0905	1005	1105	1205
🚶 Truro rail station	0811	0841	0911	1011	1111	1211
Truro College bus park	0825	0855	0925	1025	1125	1225

to **St Austell & Carclaze**

Truro College bus park	1230	1330	1430	1530	1630
🚶 Truro rail station	1239	1339	1439	1539	1639
Truro bus station stand E	1250	1350	1450	1550	1650
Tresillian Fal Garage	1300	1400	1500	1600	1700
Probus Square	1305	1405	1505	1605	1705
Grampond Dolphin Inn	1310	1410	1510	1610	1710
Hewas Water Merlin Centre	1315	1415	1515	1615	1715
Sticker Post Office	1317	1417	1517	1617	1717
St Austell Trinity Street	1326	1426	1526	1626	1726
🚶 St Austell bus & rail station D	1335	1435	1535	1635	1735
Bethel Chapel	1342	1442	1542	1642	1742
Boscoppa Phernyssick Road	1345	1445	1545	1645	1745
Carclaze St Austell Enterprise Park	1351	1451	1551	1651	1751
Eden Project	1400	1500	1600	1700	

BUSES RUN ALL DAY

need to travel at a different time?
buses run up to every **hour**

visit cornwallbykernow.co.uk for more info

to **Truro College**

Newquay bus station stand S1	0635	0735	0835	0935	1035	1135
🚶 Newquay Great Western Hotel	0639	0739	0839	0939	1039	1139
Porth Four Turns	0642	0742	0842	0942	1042	1142
St Columb Minor shop corner	0645	0745	0845	0945	1045	1145
Quintrell Downs Quintrell Gardens	0647	0747	0847	0947	1047	1147
White Cross	0653	0753	0853	0953	1053	1153
St Columb Road Co-op	0657	0757	0857	0957	1057	1157
Indian Queens Chapel Road	0659	0759	0859	0959	1059	1159
Fraddon Westbourne Terrace	0702	0802	0902	1002	1102	1202
Kingsley Village Shopping Park	0703	0803	0903	1003	1103	1203
Mitchell Pillars Close	0710	0810	0910	1010	1110	1210
St Erme Eglos Road	0720	0820	0920	1020	1120	1220
Truro Tregurra Lane	0727	0827	0927	1027	1127	1227
Truro bus station stand H	0735	0835	0935	1035	1135	1235
🚶 Truro rail station	0741	0841	0941	1041	1141	1241
Truro College bus park	0751	0851	0951	1051	1151	1251

to **Indian Queens & Newquay**

Truro College bus park	1300	1400	1500	1600	1630	1700
🚶 Truro rail station	1309	1409	1509	1609	1639	1709
Truro bus station stand D	1320	1420	1520	1620	1650	1720
Truro Tregurra Lane	1326	1426	1526	1626	1656	1726
St Erme Eglos Road	1333	1433	1533	1633	1703	1733
Mitchell Pillars Close	1342	1442	1542	1642	1712	1742
Kingsley Village Shopping Park	1348	1448	1548	1648	1718	1748
Fraddon Westbourne Terrace	1349	1449	1549	1649	1719	1749
Indian Queens Chapel Road	1352	1452	1552	1652	1722	1752
St Columb Road Co-op	1354	1454	1554	1654	1724	1754
White Cross	1358	1458	1558	1658	1728	1758
Quintrell Downs Spar	1403	1503	1603	1703	1733	1803
St Columb Minor shop corner	1407	1507	1607	1707	1737	1807
Porth Four Turns	1410	1510	1610	1710	1740	1810
🚶 Newquay rail station	1414	1514	1614	1714	1744	1814
Newquay bus station	1422	1522	1622	1722	1752	1822

BUSES RUN ALL DAY

need to travel at a different time?
buses run up to every **hour**

visit cornwallbykernow.co.uk for more info

to Truro College

	U4	L2	L1	U4	L1	L1
Ruan Minor Glebe Close						1017
Lizard The Green			0705			1038
Ruan Minor Glebe Close			0714			▼
Mullion Holiday Park post box			0721			1046
Mullion School			0723	0848		1048
Mullion Cricket Club			0726	0851		1051
Poldhu Cove			0732	0857		1057
Cury opp Parc Enys			0737	0902		1102
Coverack		0709	▼		▼	▼
St Keverne Square		0718	▼		▼	▼
Mawgan War Memorial		0731	▼		▼	▼
RNAS Cudrose		0735	0745		0910	1110
Helston Sainsbury's		0740	0750		0915	1115
Porthleven Square	0714	▼	▼	0914	▼	▼
Helston opp The Blue Anchor arr	0725	▼	0755	0925	0920	1120
	▼	▼	▼	▼		
	▼	▼	▼	▼	L3	L3
Helston opp The Blue Anchor dep	0730	▼	0755	0930	0930	1130
Helston Tesco	0735	0745	0800	0935	0935	1135
Wendron Poldark Mine		0753	▼	▼	▼	
Porkellis Star Inn		0757	▼	▼	▼	
Stithians Crelow Lane		0811	▼	▼	▼	
Rame Cross		▼	0813		0948	1148
Longdowns		▼	0816		0951	1151
Ponsanooth Stag Hunt		▼	0823		▼	▼
⊕ Perranwell rail station		0821	0831		▼	▼
Carnon Downs		0828	0838		1002	1202
Baldhu bus shelter		0834	0844		▼	▼
Truro bus station		▼	▼		1015	1215
⊕ Truro rail station		▼	▼		1021	1221
Truro College bus park		0850	0900		1030	1230
⊕ Truro rail station			0909			
Truro bus station			0915			

to Helston & The Lizard

	L3	L3	L1	L2		
Truro bus station stand C				1600		
⊕ Truro rail station				1606		
Truro College bus park	1215	1415	1625	1635		
⊕ Truro rail station	1224	1424	▼	▼		
Truro bus station stand C	1235	1435	▼	▼		
Baldhu bus shelter	▼	▼	1638	1648		
Carnon Downs	1246	1446	1646	1656		
⊕ Perranwell rail station	▼	▼	1653	1703		
Ponsanooth Stag Hunt	▼	▼	1659	▼		
Longdowns	1256	1456	1706	▼		
Rame Cross	1259	1459	1709	▼		
Stithians Crelow Lane	▼	▼	▼	1716		
Porkellis Star Inn	▼	▼	▼	1731		
Wendron Poldark Mine	▼	▼	▼	1735		
Helston Tesco	1311	1511	▼	1743		
Helston Sainsbury's	1315	1515	▼	▼		
Helston opp The Blue Anchor arr	1320	1520	1725	▼		
				▼		
				▼		
Helston opp The Blue Anchor dep	1325	1330	1525	1725	1730	▼
Porthleven Square	1335	▼	1535	1735	▼	▼
Helston Tesco					1735	1743
Helston Sainsbury's					1741	1749
RNAS Cudrose					1746	1754
Cury Parc Enys					1754	▼
Poldhu Cove					1758	▼
Mullion Cricket Club					1804	▼
Mullion School					1808	▼
Mullion Holiday Park entrance					1810	▼
Ruan Minor Glebe Close					1817	▼
Lizard The Green					1833	▼
Mawgan War Memorial						1758
St Keverne Square						1810
Coverack						1820



This year all operators are working together with Cornwall Council to make bus travel easier. You can use your bus tickets on any bus, on any route* across Cornwall – we're one big bus network.

BUSES RUN ALL DAY

need to travel at a different time?
buses run up to every 2 hours

visit cornwallbykernow.co.uk for more info

to Penzance for Penwith College

Sennen Cove	0650	0725	0910	0955
Sennen First & Last Inn	0654	▼	0914	1000
Land's End	▼	▼	▼	1013
Polgigga duck pond	0702	▼	0922	1019
Porthcurno car park	0710	▼	0930	1030
Treen bus shelter	0718	▼	0938	1038
Crows-an-wra	▼	0733	▼	▼
St Buryan post office	0726	0738	0946	1046
Lamorna turn	0733	0746	0953	1053
Sheffield	0738	0752	0958	1058
Paul church	▼	0755	▼	▼
Gwavas roundabout	▼	0802	▼	▼
Newlyn Bridge	0744	0807	1004	1104
Newlyn Coombe	▼	0809	▼	▼
Penzance West Cornwall Hospital	▼	0840	▼	▼
Penzance opp Jubilee Pool	0748	▼	1008	1108
Penzance bus & rail station	0755	0850	1015	1115

this bus continues to Truro College as route **100** - see page 19

to St Buryan & Sennen Cove

Penzance bus & rail station stand B	○	○	●	○
Penzance Jubilee Pool	1230	1430	1630	1730
Newlyn Bridge	1238	1438	1638	1738
Sheffield	1244	1444	1644	1744
Lamorna turn	1249	1449	1649	1749
St Buryan post office	1256	1456	1656	1756
Treen bus shelter	1303	1503	1703	1803
Porthcurno car park	1315	1515	1715	1813
Polgigga duck pond	1319	1519	1719	1817
Land's End	1340	1540	1740	1830
Sennen opp First & Last Inn	1343	1543	1743	1833
Sennen Cove	1351	1551	1751	1841

- connect from the **19** that passes Penwith College at 07 past the hour
- connect from the **160 390** or **U4x** from the college at 1625

BUSES RUN ALL DAY

need to travel at a different time?
buses run every **1-2 hours**

visit cornwallbykernow.co.uk for more info

to Penzance for Penwith College

Mousehole Harbour	0751	0821	0851	0921	0941	1001
Mousehole opp The Old Coastguard	0752	0822	0852	0922	0942	1002
Newlyn The Red Lion	0757	0827	0857	0927	0947	1007
Newlyn Bridge	0800	0830	0900	0930	0950	1010
Alverton The Ropewalk	0804	0834	0904	0934	0954	1014
Penzance West Cornwall Hospital	▼	0840	▼	▼	▼	▼
Penzance Market Jew Street	0807	0837	0907	0937	0957	1017
Penzance bus & rail station	0812	0842	0912	0942	1002	1022

the main stop for college is First and Last on Alverton Road
the 0821 stops closer - at West Cornwall Hospital

to Newlyn & Mousehole

Penzance bus & rail station stand A	1500	1530	1600	1630	1700	1730
Penzance Green Market	1503	1533	1603	1633	1703	1733
Penzance West Cornwall Hospital	▼	▼	▼	1638	▼	▼
Alverton The Ropewalk	1506	1536	1606	1641	1706	1736
Newlyn Bridge	1510	1540	1610	1645	1710	1740
Newlyn opp The Red Lion	1513	1543	1613	1648	1713	1743
Mousehole The Old Coastguard	1517	1547	1617	1652	1717	1747
Mousehole Harbour	1518	1548	1618	1653	1718	1748

the main stop for college is Green Market
the 1630 stops closer - at West Cornwall Hospital

BUSES RUN ALL DAY

need to travel at a different time?
buses run every **20 mins**

visit cornwallbykernow.co.uk for more info

to Truro College

	T1	T1	T2	T1	T1	T2
☞ Penzance bus & rail station stand F		0645			0725	
Long Rock opp The Mexico Inn		0652			0732	
Crowlas The Star Inn		0657			0737	
☞ St Ives Malakoff bus station		▼	0712		▼	0752
Carbis Bay Longstone Cross		▼	0718		▼	0758
Lelant village hall		▼	0721		▼	0801
☞ Hayle Viaduct		0705	0727		0744	0807
Loggans Moor Loggans Way		▼	0736		▼	0816
Connor Downs The Turnpike Inn		0721	0741		0801	0821
Camborne bus station stand D	0725	0745	0805		0825	0840
Pool Cornwall College	0734	0754	0814		0834	0849
Redruth Barncoose Terrace	0740	0800	0820	0830	0840	0855
☞ Redruth rail station	0750	0810	0830	0840	0850	0905
Mount Ambrose	0754	0814	0834	0844	0854	0909
Chacewater opp The Kings Head	0800	0820	0840	0850	0900	0915
Threemilestone opp The Victoria Inn	0807	0827	0847	0857	0907	0922
Tresawls Road opp Truro College	0811	0831	0851	0901	0911	0926
☞ Truro rail station	0818	0838	0858	0908	0918	0933
Truro bus station	0824	0844	0904	0914	0924	0939

to Penzance for Penwith College

	T1	390	T1	T1	T1	T1
Mount Ambrose	0729		0749	0829		0929
☞ Redruth rail station	0735		0755	0835		0935
Redruth Barncoose Terrace	0741		0801	0841		0941
Pool Cornwall College	0746		0806	0846		0946
Camborne bus station stand C	0757	0755	0837	0907	0937	1007
Connor Downs opp The Turnpike Inn	0808	0806	0848	0918	0948	1018
Hayle Foundry Square	0818	0816	0903	0933	1003	1033
Crowlas opp The Star Inn	0826	▼	0911	0941	1011	1041
Long Rock The Mexico Inn	0831	0851	0916	0946	1016	1046
☞ Penzance bus & rail station	0840	▼	0925	0955	1025	1055
Penwith College		0903				

the **390** runs from Camborne via Hayle and Leedstown - see page 24

to Redruth, Camborne, St Ives & Penzance

	T2	T1	T2	T1	T2	T1
Truro bus station stand J or K	1535	1555	1605	1615	1635	1655
☞ Truro rail station	1541	1601	1611	1621	1641	1701
Tresawls Road Truro College lay-by	1549	1609	1619	1629	1649	1709
Threemilestone post office	1552	1612	1622	1632	1652	1712
Chacewater The Kings Head	1558	1618	1628	1638	1658	1718
Mount Ambrose	1604	1624	1634	1644	1704	1724
☞ Redruth rail station	1610	1630	1640	1650	1710	1730
Redruth Barncoose Terrace	1616	1636	1646	1656	1716	1736
Pool Cornwall College	1621	1641	1651	1701	1721	1741
Camborne bus station stand C	1637	1657	1703	1717	1737	1757
Connor Downs opp The Turnpike Inn	1648	1708		1728	1748	1808
Loggans Moor Loggans Way	▼	1712		▼	1752	▼
Hayle Foundry Square	1658	1721		1748	1801	1818
Lelant opp village hall	▼	1728		▼	1808	▼
Carbis Bay Longstone Cross	▼	1731		▼	1811	▼
☞ St Ives Malakoff bus station	▼	1738		▼	1818	▼
Crowlas opp The Star Inn	1706			1746		1826
Long Rock The Mexico Inn	1711			1751		1831
☞ Penzance bus & rail station	1720			1800		1840

to Camborne & Redruth

	T1	T1	T1	390	T1	T1
Penwith College				1625		
☞ Penzance bus & rail station stand F	1520	1550	1625	▼	1655	
Long Rock opp The Mexico Inn	1527	1557	1632	▼	1631	1702
Crowlas The Star Inn	1532	1602	1637	▼	1707	1757
☞ Hayle Viaduct	1540	1610	1645	1707	1715	1805
Connor Downs The Turnpike Inn	1556	1621	1656	1718	1726	1816
Camborne bus station stand D	1615	1635	1705	1728	1736	1830
Pool Cornwall College	1624	1644				
Redruth Barncoose Terrace	1630	1650				
☞ Redruth rail station	1640	1700				
Mount Ambrose	1644	1704				

the **390** continues via Leedstown and Hayle to Camborne - see page 24

BUSES RUN ALL DAY

need to travel at a different time?
buses run every **15-30 mins**

visit cornwallbykernow.co.uk for more info

to Truro College

	U1	U1X	U1A	U1	U1A	U1
Falmouth The Moor stop A	0720	0749	0750	0820	0850	0920
Falmouth Dracaena Crossroads	0725	0754	0755	0825	0855	0925
Penryn Bridge	0728	0757	0758	0828	0858	0928
Penryn Seven Stars	0730	0759	0800	0830	0900	0930
Penryn Campus	0741	0810	0811	0841	0911	0941
Devoran Turn	0750	0819	0820	0850	0920	0950
Carnon Downs bus shelter	0753	0822	0823	0853	0923	0953
Playing Place bus shelter	0756	0825	0826	0856	0926	0956
Truro bus station arr	0807	▼	0837	0907	0937	1007
<i>same bus - no need to change</i>	▼	▼	▼	▼	▼	▼
Truro bus station stand H dep	0815	▼	0845	0915	0945	1015
Truro rail station	0821	▼	0851	0921	0951	1021
Tresawls Road Truro College lay-by	0830	▼	0900	0930	1000	1030
Truro College bus park	0848					

to Truro College

	U1A	U1A	U1A	U1A	U1	U1A
Newquay bus station stand S1	0640	0710	0740		0830	0850
Newquay Great Western Hotel	0644	0714	0744		0834	0854
Newquay Zoo	0648	0718	0748		0838	0858
Trelloggan near Morrisons	0652	0722	0752		0842	0902
Rejerrah opp The Braefel Inn	0700	0730	0800		0850	0910
Goonhavem opp The New Inn	0704	0734	0804	0804	0854	0914
Perran Sands Holiday Park entrance	0706	0736	0806	0806	0856	0916
Perranporth Beach Road	0712	0742	0812	0812	0902	0922
St Agnes opp Institute	0725	0755	0825	0825	▼	0935
Goonbell	▼	▼	▼	0829	▼	▼
Chiverton roundabout	0735	0805	0835	0835	0915	0945
Threemilestone opp Victoria Inn	0744	0814	0844	0844	0924	0954
Truro College bus park	▼	▼	0852	0857	▼	▼
Tresawls Road opp Truro College	0747	0817	0857	0902	0927	0957
Truro rail station	0756	0826	0906	0911	0936	1006
Truro bus station	0802	0832	0912	0917	0942	1012

to Penryn & Falmouth

	U1	U1A	U1X	U1	U1A	U1
Threemilestone opp Victoria Inn	1524	1554		1624	1654	1724
Truro College bus park	▼	▼	1625	▼	▼	▼
Tresawls Road opp Truro College	1527	1557	▼	1627	1657	1727
Truro rail station	1536	1606	▼	1636	1706	1736
Truro bus station arr	1542	1612	▼	1642	1712	1742
<i>same bus - no need to change</i>	▼	▼	▼	▼	▼	▼
Truro bus station stand B dep	1550	1620	▼	1650	1720	1750
Playing Place bus shelter	1558	1628	1644	1658	1728	1758
Carnon Downs village hall	1601	1631	1647	1701	1731	1801
Devoran Turn	1604	1634	1650	1704	1734	1804
Penryn Campus	1615	1645	1701	1715	1745	1815
Penryn Spar	1622	1652	1708	1722	1752	1822
Penryn Bridge	1624	1654	1710	1724	1754	1824
Falmouth Dracaena Crossroads	1628	1658	1714	1728	1758	1828
Falmouth The Moor	1635	1705	1721	1735	1805	1835

to Perranporth & Newquay

	U1	U1A	U1A	U1	U1A	U1
Truro bus station stand H	1515	1545		1615	1645	1715
Truro rail station	1521	1551		1621	1651	1721
Tresawls Road Truro College lay-by	1530	1600	1627	1630	1700	1730
Threemilestone post office	1532	1602	1634	1637	1702	1732
Chiverton roundabout	1541	1611	1643	1646	1711	1741
Goonbell	▼	▼	1651	▼	▼	▼
St Agnes Institute	▼	1620	1655	▼	1720	▼
Perranporth Beach Road	1555	1635	1710	1700	1735	1755
Perran Sands Holiday Park entrance	1600	1640	1715	1705	1740	1800
Goonhavem The New Inn	1602	1642	1717	1707	1742	1802
Rejerrah The Braefel Inn	1605	1645	1720	1710	1745	1805
Trelloggan near Morrisons	1614	1654	1729	1719	1754	1814
Newquay Zoo	1618	1658	1733	1723	1758	1818
Newquay rail station	1622	1702	1737	1727	1802	1822
Newquay bus station	1630	1710	1740	1735	1810	1830

the U1 & U1A pick up opposite Truro College on Tresawls Road

the U1 & U1A pick up outside Truro College on Tresawls Road

BUSES RUN ALL DAY

need to travel at a different time?
buses run every 30 mins

visit cornwallbykernow.co.uk for more info

BUSES RUN ALL DAY

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to Penzance for Penwith College

	U4	L1	U4x	390	U4	L1	U4
Lizard The Green				0705			
Ruan Minor Glebe Close				0714			
Mullion School				0723		0848	
Mullion Cricket Club				0726		0851	
Poldhu Cove				0732		0857	
Cury opp Parc Enys				0737		0902	
RNAS Culdrose				0745		0910	
Helston Tesco				0715	▼	0805	0825 ▼ 0915
☆ Helston The Blue Anchor				0725	0755	0810	0830 0920 0925
Porthleven Harbour				0735		0820	0840 0935
Breage Shute Hill				0740		0825	0845 0740
Ashton Lion and Lamb				0742		0827	0847 0942
Praa Sands				0748	▼		▼ 0948
Rosudgeon Falmouth Packet Inn				0755		0835	0855 0955
Goldsmithney St Aubyns				0800	▼	0841	0900 1000
Marazion Square				0806		0841	0846 0906 1006
Long Rock The Mexico Inn				0811		0846	0851 0911 1011
☺ Penzance bus & rail station				0820		0855	▼ 0920 1020
Penwith College				0900		0903	

the 390 runs from Camborne via Hayle and Leedstown - see page 24

to Helston & The Lizard

	U4	U4	390	U4x	U4	L1	U4
Penwith College			1625	1625			
☺ Penzance bus & rail station stand E	1430	1530	▼	1633			1735
Long Rock The Mexico Inn	1437	1537	1631	1642	1642		1742
Marazion Square	1442	1542	1636	1647	1647		1747
Goldsmithney St Aubyns	1449	1549	1643	▼	1654		1754
Rosudgeon Falmouth Packet Inn	1454	1554		1649	1659		1759
Praa Sands	▼	1600		1655			1806
Ashton Lion and Lamb	1501	1606		1655	1706		1806
Breage Shute Hill	1503	1608		1657	1708		1808
Porthleven Harbour	1509	1614		1703	1714		1814
☆ Helston The Blue Anchor	1520	1625		1715	1725	1730	1830
Helston Tesco	1535	1635		1720	1735	1735	1835
Helston Sainsbury's							1741
RNAS Culdrose							1746
Cury Parc Enys							1754
Poldhu Cove							1758
Mullion Cricket Club							1804
Mullion School							1808
Ruan Minor Glebe Close							1817
Lizard The Green							1833

the 390 continues via Leedstown and Hayle to Camborne - see page 24

to Truro College

	connections from Land's End Coaster				
Sennen Cove	0650				0910
St Buryan post office	0726				0946
☺ Penzance bus & rail station	0755				1015
	100	160	200	300	200
☺ Penzance bus & rail station	0758	0734			1034
Crowlas The Star Inn	0808	▼			▼
Castle Gate	▼	0743			1043
Halsetown opp Halsetown Inn	▼	0753			1053
☺ St Ives Malakoff bus station	▼	0759	0803		1103
Carbis Bay Longstone Cross	▼		0809		1109
Lelant village hall	▼		0812		1112
Long Rock opp The Mexico Inn	▼	▼	0745	▼	▼
Marazion Square	▼	▼	0750	▼	▼
Goldsmithney St Aubyns	▼	▼	0756	▼	▼
Relubbus bridge	▼	▼	0759	▼	▼
Leedstown The Duke of Leeds	▼	▼	0806	▼	▼
☺ Hayle Viaduct	0817	0818	0819		1118
Connor Downs The Turnpike Inn	0828	0829	0830		1129
Truro College bus park	0900		0901	0902	1201

to Hayle, St Ives & Penzance

	200	100	200	160	300
Truro College bus park	1255	1625	1625		1625
Connor Downs The Turnpike Inn	1324	1654	1654		1654
☺ Hayle Viaduct	1335	1705	1705		1705
Leedstown opp The Duke of Leeds	▼	▼	▼		1718
Relubbus bridge	▼	▼	▼		1725
Goldsmithney St Aubyns	▼	▼	▼		1728
Marazion Square	▼	▼	▼		1734
Long Rock opp The Mexico Inn	▼	▼	▼		1739
Lelant village hall	1341	▼	1711		
Carbis Bay Longstone Cross	1344	▼	1714		
☺ St Ives Malakoff bus station	1350	▼	1720	1720	
Halsetown Halsetown Inn	1400	▼		1730	
Castle Gate	1410	▼		1740	
Crowlas The Star Inn	▼	1714	▼		
☺ Penzance bus & rail station	1419	1724		1749	
	connections to Land's End Coaster				
☺ Penzance bus & rail station stand B	1430	1730			
St Buryan post office	1456	1756			
Sennen Cove	1551	1841			

to **Penwith College**

Carbis Bay Tesco	0815	1715
☞ St Ives Malakoff bus station	0820	1720
Halsetown Halsetown Inn	0829	1729
Nancledra	0835	1735
Castle Gate	0839	1739
Trevarrack Green Lane Hill	0843	1743
☞ Penzance bus & rail station	0846	1746
Penwith College	0855	

to **Truro College**

Penwithick roundabout	0727	0907
Bugle The Square	0733	0913
Stenalees Treverbyn Road	0737	0917
Whitemoor Avondale Terrace	0745	0925
Nanpean St Georges Road	0749	0929
Foxhole Post Office	0752	0932
St Stephen Fore Street	0759	0939
Grampond Road Post Office	0807	0947
Probus Square	0815	0955
Tresillian Fal Garage	0820	1000
Truro bus station stand H	0837	1017
☞ Truro rail station	0843	1023
Truro College bus park	0857	1037

to **St Ives & Carbis Bay**

Penwith College		1625
☞ Penzance bus & rail station	0732	1632
Trevarrack Green Lane Hill	0735	1635
Castle Gate	0739	1639
Nancledra	0743	1643
Halsetown Halsetown Inn	0749	1649
☞ St Ives Malakoff bus station	0759	1659
Carbis Bay Tesco	0805	1705

to **St Stephen & Penwithick**

Truro College bus park	1255	1630
☞ Truro rail station	1304	1639
Truro bus station stand E	1315	1650
Tresillian Fal Garage	1325	1700
Probus Square	1330	1705
Grampond Road Post Office	1338	1713
St Stephen Fore Street	1346	1721
Foxhole Post Office	1353	1728
Nanpean St Georges Road	1356	1731
Whitemoor Avondale Terrace	1400	1735
Stenalees Treverbyn Road	1408	1743
Bugle Rosevear Road	1412	1747
Penwithick roundabout	1418	1753



This year all operators are working together with Cornwall Council to make bus travel easier. You can use your bus tickets on any bus, on any route* across Cornwall – we're one big bus network.

to Truro College

	273	271	272	274	271
Callington New Road		0655			
Liskeard Post Office		0716			
Dobwalls Methodist Church		0721			
East Looe Bridge		▼	0707		
Pelynt church		▼	0717		
West Taphouse		0727	0729		
Lostwithiel Royal Talbot		0736	0738		
St Blazey Polgrean Place		0746	0748		
Gorran Church Town school		▼	▼	0720	
Mevagissey Trevarth		▼	▼	0740	
Pentewan bus shelter		▼	▼	0746	
London Apprentice		▼	▼	0751	
Fowey main car park	0730	▼	▼	▼	
Four Turnings	0736	▼	▼	▼	
Tywardreath church	0742	▼	▼	▼	
Par rail station	0747	▼	▼	▼	
Par Green	0749	▼	▼	▼	
Holmbush Holmbush Inn	0757	0758	0800	▼	0930
Mount Charles Victoria Road	0801	0802	0804	▼	0933
St Austell bus & rail station	▼	▼	▼	0806	▼
St Austell Trinity Street	0807	0808	0810	0811	0938
Grampound Dolphin Inn	0819	0820	0822	0823	0948
Tresillian Fal Garage	0827	0828	0830	0831	0957
Truro rail station	0843	0844	0846	0847	1010
Truro College bus park	0854	0855	0857	0858	1021

to St Austell, Fowey, Gorran, Looe & Callington


	271	272	271	274	273
Truro College bus park	1300	1625	1627	1627	1630
Truro rail station	1310	1637	1639	1639	1642
Tresillian Fal Garage	1323	1653	1655	1655	1658
Grampound Dolphin Inn	1332	1702	1704	1704	1707
St Austell Trinity Street	1339	1710	1712	1711	1715
St Austell bus & rail station	▼	▼	▼	1719	▼
Mount Charles Victoria Road	1343	1714	1716	▼	1719
Holmbush Holmbush Inn	1347	1718	1720	▼	1723
Par Green		▼	▼	▼	1731
Par rail station		▼	▼	▼	1733
Tywardreath church		▼	▼	▼	1739
Four Turnings		▼	▼	▼	1745
Fowey main car park		▼	▼	▼	1753
London Apprentice		▼	▼	1729	
Pentewan bus shelter		▼	▼	1732	
Mevagissey Trevarth		▼	▼	1742	
Gorran Church Town school		▼	▼	1800	
St Blazey Polgrean Place		1730	1732		
Lostwithiel Royal Talbot		1740	1742		
West Taphouse		1749	1751		
Pelynt church		1801	▼		
East Looe Bridge		1811	▼		
Dobwalls Methodist Church				1757	
Liskeard Post Office				1804	
Callington New Road				1824	

ALL DAY BUSES ON THE 27

buses run up to every **hour** between
St Austell & Truro College

visit cornwallbykernow.co.uk for more info


to **Penwith College**

Camborne bus station stand A	0755
Connor Downs opp The Turnpike Inn	0806
 Hayle Foundry Square	0816
Leedstown	0828
Relubbus	0837
Goldsmithney St Aubyns	0841
Marazion Square	0846
Long Rock The Mexico Inn	0851
Penwith College	0903

to **Truro College**

Illogan Highway Co-op	0747
Illogan Churchtown Road	0751
Portreath beach car park	0800
Bridge Bridge Hill	0804
Porthtowan village hall	0813
Mount Hawke	0823
Wheal Rose	0829
Scorrier	0832
Blackwater	0835
Chiverton roundabout	0840
Truro College bus park	0855

to **Leedstown & Camborne**

Penwith College	1625
Long Rock opp The Mexico Inn	1631
Marazion Square	1636
Goldsmithney St Aubyns	1643
Relubbus	1647
Leedstown	1655
 Hayle Viaduct	1707
Connor Downs The Turnpike Inn	1718
Camborne bus station	1728

to **Porthtowan & Illogan**

Truro College bus park	1635
Chiverton roundabout	1649
Blackwater	1654
Scorrier	1657
Wheal Rose	1700
Mount Hawke	1706
Porthtowan village hall	1716
Bridge Bridge Hill	1725
Portreath beach car park	1730
Illogan Churchtown Road	1737
Illogan Highway Co-op	1740




This year all operators are working together with Cornwall Council to make bus travel easier. You can use your bus tickets on any bus, on any route* across Cornwall – we're one big bus network.

to **Truro College**

Redruth rail station	0832
Lanner post office	0838
Carharrack Foxes Row	0842
St Day Church Street	0845
Crofthandy village hall	0848
Chacewater King's Head	0853
Truro College bus park	0903


to **Truro College**

St Mawes car park	0735
St Just in Roseland church turn	0742
Gerrans church	0752
Portscatho Highertown	0754
Ruan High Lanes Wayside	0802
Tregony sqaure	0810
Tresillian Fal Garage	0822
Truro bus station stand H	0840
 Truro rail station	0846
Treliske Royal Cornwall Hospital lay-by	0853
Truro College bus park	0900

to **Lanner & Redruth**

Truro College bus park	1632
Chacewater King's Head	1642
Crofthandy village hall	1647
St Day Church Street	1650
Carharrack Foxes Row	1653
Lanner post office	1657
Redruth rail station	1703

to **Tregony & St Mawes**

Truro College bus park	1635
Treliske Royal Cornwall Hospital lay-by	1638
 Truro rail station	1644
Truro bus station stand E	1655
Tresillian Fal Garage	1705
Tregony sqaure	1722
Ruan High Lanes Wayside	1730
Gerrans church	1738
Portscatho Highertown	1740
St Just in Roseland church turn	1749
St Mawes car park	1756



This year all operators are working together with Cornwall Council to make bus travel easier. **You can use your bus tickets on any bus, on any route* across Cornwall** – we're one big bus network.

to **Truro College****660**

Brill Hillcrest	0700		
Constantine Spar	0703		
Lamanva Cross	0717		
Mawnan Smith Shute Hill	0724		
Lamanva Cross	0729		
Mabe Burnthouse bus shelter	0734	U1	660
Penryn Campus	0737	0741	0737
Bissom post box		▼	0748
Flushing The Royal Standard		▼	0755
Mylor Bridge Springfield Park		▼	0802
Perranarworthal Norway Inn		▼	0812
Feock Harcourt		▼	0826
Playing Place bus shelter		▼	0832
Truro Green Lane		▼	0840
Truro College bus park		▼	0855
Tresawls Road Truro College lay-by			0829

for a faster journey to college from Constantine, Mawnan Smith and Truro College, please change buses at Penryn Campus and use the **U1** - this will help ensure there is space for everyone from Mylor Bridge and Feock

to **Feock & Brill****660 U1 660**

Tresawls Road opp Truro College		1627	
Truro College bus park	1625	▼	
Truro Green Lane	1637	▼	
Playing Place bus shelter	1644	▼	
Feock Harcourt	1650	▼	
Perranarworthal Norway Inn	1702	▼	
Mylor Bridge Springfield Park	1714	▼	
Flushing The Royal Standard	1721	▼	
Bissom post box	1728	▼	
Penryn Campus	1734	1715	1734
Mabe Burnthouse bus shelter			1737
Lamanva Cross			1742
Mawnan Smith Shute Hill			1748
Lamanva Cross			1753
Constantine Spar			1807
Brill Hillcrest			1810

the bus serves stops beyond Mawnan Smith by request

to **Truro College**

Newquay bus station stand S1	0727
 Newquay Great Western Hotel	0731
Newquay Zoo	0734
Treloggan near Morrisons	0738
Crantock Round Garden	0746
Holywell Bay Treguth Inn	0756
Cubert post office	0800
St Newlyn East Nanhayes Row	0809
Rejerrah The Braefel Inn	0816
Goonhavern Newquay Road	0819
Perranwell Southill Farm	0821
Perranzabuloe White House Inn	0823
Penhallow bus shelter	0825
Allet Five Acres	0833
Shortlanesend Church Road	0836
Kenwyn Hill Truro Heights	0839
 Truro rail station	0843
Truro College bus park	0857

to **St Newlyn East & Newquay**

Truro College bus park	1625
 Truro rail station	1634
Kenwyn Hill Truro Heights	1638
Shortlanesend Church Road	1641
Allet Five Acres	1644
Penhallow bus shelter	1652
Perranzabuloe White House Inn	1654
Perranwell Southill Farm	1656
Goonhavern Newquay Road	1658
Rejerrah The Braefel Inn	1701
St Newlyn East Nanhayes Row	1708
Cubert post office	1717
Holywell Bay Treguth Inn	1722
Crantock Round Garden	1732
Treloggan near Morrisons	1740
Newquay Zoo	1743
 Newquay rail station	1747
Newquay bus station	1755

to **Truro College**

	900	950	950	900
Boscastle car park		0645		
Tintagel visitor centre		0700		
Delabole Smugglers		0715		
Camelford Clease Road		0725		
Helstone Valley Truckle		0730		
Wadebridge bus station		0745	1110	1430
Whitecross bus shelter		0753	1118	1438
Halfway House		0757	1122	▼
Pasdtow opp Tesco	0725	▼	▼	1450
Pasdtow old rail station	0729	▼	▼	1454
St Merryn crossroads	0738	▼	▼	1503
Higher Trevibban Farm	0748	▼	▼	1513
St Columb Major Old Cattle Market	0758	▼	1133	1523
St Columb Road Surgery	0807	0812	1142	1532
Fraddon opp Westbourne Terrace	0811	0816	1146	1536
Ladock Falmouth Arms	0844	▼	▼	1546
Zelah opp bus shelter	▼	0830	1200	▼
Truro rail station	0844	0843	1213	1609
Truro College bus park	0858	0903	1233	1623


to **Padstow & Boscastle**

	900	950	950	900
Truro College bus park	0915	1305	1625	1630
Truro rail station	0924	1314	1634	1639
Zelah bus shelter	▼	1333	1653	▼
Ladock Falmouth Arms	0947	▼	▼	1702
Fraddon Westbourne Terrace	0958	1348	1708	1713
St Columb Road opp Surgery	1000	1350	1710	1715
St Columb Major Old Cattle Market	1009	1359	▼	1724
Higher Trevibban Farm	1019	▼	▼	1734
St Merryn crossroads	1029	▼	▼	1744
Pasdtow old rail station	1038	▼	▼	1753
Pasdtow Tesco	1040	▼	▼	1755
Halfway House	▼	1409	1722	
Whitecross bus shelter	1052	1412	1725	
Wadebridge bus station	1100	1420	1736	
Helstone Valley Truckle			1748	
Camelford Clease Road			1753	
Delabole Smugglers			1803	
Tintagel visitor centre			1818	
Boscastle bridge			1833	

to **Truro College**

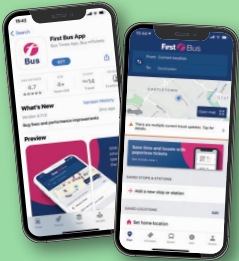
Bodmin Business Park	0711
Bodmin Dennison Road car park	0715
Lanivet car park	0722
Victoria Cornwall Services	0728
Roche Harmony Road	0734
Whitemoor school	0740
St Dennis pharmacy	0746
Indian Queens Lodge Way	0755
Indian Queens Chapel Road	0757
Fraddon opp Westbourne Terrace	0800
Kingsley Village Shopping Centre	0801
Summercourt London Inn	0806
Brighton Cross roundabout	0811
Ladock Falmouth Arms	0816
Tresillian Fal Garage	0826
Truro bus station stand H	0840
 Truro rail station	0846
Treliske Royal Cornwall Hospital lay-by	0853
Truro College bus park	0900

to **St Dennis & Bodmin**

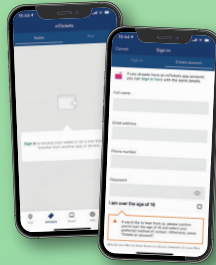
Truro College bus park	1625
Treliske Royal Cornwall Hospital lay-by	1628
 Truro rail station	1634
Truro bus station stand E	1645
Tresillian Fal Garage	1655
Ladock Falmouth Arms	1705
Brighton Cross roundabout	1710
Summercourt London Inn	1715
Kingsley Village Shopping Centre	1720
Fraddon opp Westbourne Terrace	1721
Indian Queens Chapel Road	1724
Indian Queens Lodge Way	1726
St Dennis pharmacy	1735
Whitemoor school	1742
Roche Harmony Road	1747
Victoria Cornwall Services	1753
Lanivet car park	1759
Bodmin Dennison Road car park	1806
Bodmin Business Park	1810

how to activate your ticket

1 download & log in

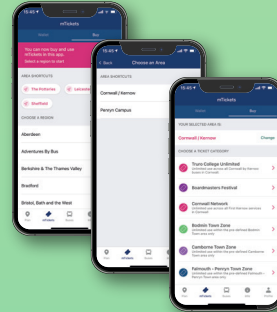


search **First Bus** in your app store and download our app



tap **mTickets** and log in - you'll need to create an account if it's the first time you've used the app

2 choose your ticket

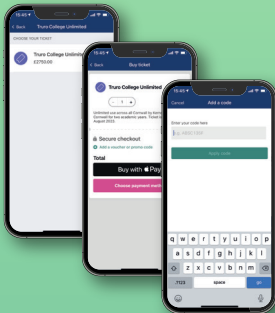


tap **buy** then select the region by tapping

Cornwall/Kernow > and select the ticket

Truro and Penwith College Unlimited

3 enter your ticket code



enter the ticket code given to you by the college by tapping

+ **Add a voucher or promo code**

the code can only be used once for a Truro and Penwith College Unlimited ticket

4 your ticket is ready



tickets you have paid for are **stored in your wallet**

you can access them by tapping **mTickets** then the **wallet** tab at the top of the screen

choose the ticket you want to use by tapping it

5 activate your ticket



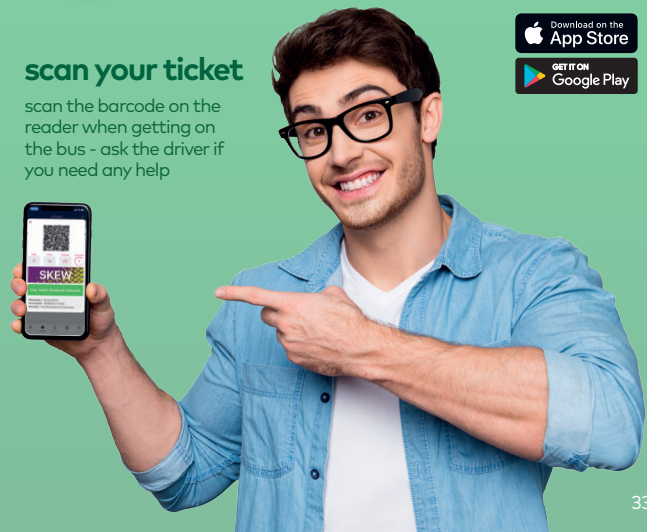
tap **activate** to use your ticket for the first time - it will be valid straight away


6 scan your ticket

scan the barcode on the reader when getting on the bus - ask the driver if you need any help



save money!
get your mTicket direct from college





get in touch

penwithcollege@firstbus.co.uk

trurocollege@firstbus.co.uk

email us with any questions or comments about our buses to Truro and Penwith College we'll get back to you as soon as we can

0345 646 0707

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